

## Job Description

<b>Position:</b>	<i>Clinical Counselor for Immigrant and Refugee Mental Health</i>
<b>Term:</b>	<i>1 year with a possibility for extension</i>
<b>FTE:</b>	<i>0.6 FTE, 21 hours a week (Up to 1.0FTE or 35 hours available)</i>
<b>Wage:</b>	<i>\$36.00 - \$41.00 per hour</i>

Established in 1969, REACH is a non-profit, community-governed organization with a history of primary care innovation. REACH is dedicated to providing high quality integrated health care in East Vancouver to families and individuals of all ages. We focus on clients with complex social, mental or physical needs and offer a widely respected interdisciplinary approach to care within our medical, dental, pharmacy, multi-cultural family centre and UPCC. We are committed to providing inclusive, accessible and sustainable programs and services to support the physical and mental health and well-being of our community and individuals within it.

### Position Summary

The Clinical Counselor is accountable to the Manager, Program Development and works collaboratively with the multi-disciplinary allied care team to provide short-term mental health support for patients with complex needs as part of the mental health programming. REACH has received funding to expand its scope of mental health community workshops and counselling capacity. This position supports that programming with group and 1:1 counselling support and outreach services. The clinical counselor practices through a trauma-informed lens, and in a culturally safe way. Referrals to the counsellor will primarily be made through the existing mental health groups, REACH clinicians and some self-referrals. Key responsibilities include assessment, treatment planning, crisis intervention, critical incident debriefing, conflict resolution, mediation and a variety of other interventions. The counselor acts as an internal consultant to care providers regarding available resources for patients and makes direct referrals to other community resources as appropriate.

### Responsibilities

- Provides brief therapeutic counseling including: assessment and direct one to one counseling for a range of concerns such as depression, self-esteem, anxiety, PTSD, death, birth of a child, relationship breakdown and other concerns presented.
- Crisis intervention such as grief counseling, conflict resolution skills, assertiveness training, life planning, , and coordinates depression care.
- Identifies the need for, establishes and facilitates support groups where a common need of patients can be met.
- Leads a variety of groups based on community needs using an appropriate therapeutic modality.
- Where appropriate, refers patient to appropriate community resources.
- Acts as internal consultant to other care providers at REACH, advising them about available resources and services, offering to meet with and assist patients.
- Advocates for and with clients to reduce barriers to accessing community services and programs and works collaboratively to create additional social services in the community where needs are not being met.
- Establishes and maintains relationships with community partners and service providers that can assist in meeting the needs of patients.
- Represents REACH in the community

- Maintains clinical notes using the appropriate documentation systems and correspondence within the safeguard of confidentiality.

Contributes to team and centre activities:

- Participates actively in staff meetings and board meetings.
- Participates in the overall activities of the health centre; in-service training, committees, special events and shared staff responsibilities.
- Communicates clearly, listens accurately, is open to feedback, handles conflict appropriately, and displays sensitivity to others.
- Collaborates well with others, promotes cooperation and teamwork.
- Participates in REACH's commitment to becoming discrimination free and an inclusive health centre and promotes a healthy lifestyle.
- Maintains the reputation and confidentiality of the health centre and its clients at all times.
- Adheres to all applicable REACH policies and procedures.

**Qualifications & Skills**

- Post Graduate degree (Masters level or equivalent) in counseling, psychology, or a closely related field.
- Registered member of British Columbia Association of Clinical Counsellors (BCACC), or relevant professional association.
- Minimum three years' experience,
- Demonstrated ability to respectfully work with people from diverse backgrounds, with complex health needs, in a multi-cultural environment.
- Experience working with marginalized populations (mental health and addictions, poverty, vulnerable youth, LGBTQ2I+, and other community members)
- Experience with Indigenous people and a deep understanding of the unique challenges facing Indigenous people and communities.
- Demonstrated knowledge of community resources.
- Ability to communicate effectively with professionals, patients and community groups.
- Ability to modify counseling approach according to patients' needs economic status and life styles.
- Ability to function and work cooperatively as a member of an interdisciplinary team and with members of the community.
- Commitment to the concept of community health care centres as an effective means of delivering comprehensive, low barrier health care.
- Community development experience is an asset.
- Commitment to continuing education through attendance at workshops and seminars relating to the needs of REACH patients.
- Additional spoken languages, particularly Spanish, Arabic and/or relevant to the Grandview Woodlands community, is an asset.

*REACH proudly celebrates the diversity in our neighbourhood and amongst our staff. We strongly encourage applications from people of under-represented communities, including Indigenous, migrant, people of colour and LGBTQ2S+ individuals.*

**How to apply**

Email [jobs@reachcentre.bc.ca](mailto:jobs@reachcentre.bc.ca) with your resume and cover letter in one PDF to HR Coordinator, Hailey Ng with subject line: *Clinical Counselor for Immigrant and Refugee Mental Health*